

ASSISTED
LIVING
PROVIDER
RESOURCE

GUIDING RESOURCES

DEMENTIA CARE



NCAL
NATIONAL CENTER FOR ASSISTED LIVING

RESOURCES AT YOUR FINGERTIPS

Understanding dementia and the disease progression is vital to ensuring that you can provide the best care and services possible to residents living with dementia. Due to the various types of dementia, signs, symptoms, and characteristics vary from person to person. Educating team members on the types of dementia, how to navigate challenging situations, and where to go for additional insight are all key ingredients in person-centered care. Below is a comprehensive list of AHCA/NCAL resources to provide valuable information and support these efforts.

Innovation

- [The Dementia CARES Training Program](#) is a comprehensive program developed by HealthCare Interactive (HCI). It includes a series of online video-based dementia care training programs featuring real care providers and people with dementia in real settings (no actors).
- [The Dementia Care Connect Community](#) is a one of a kind networking portal where you can ask questions and gain valuable insight from your peers across the country.
- [Crucial Conversations: Dementia Care](#) is a guide to help providers discuss the tough topic of dementia care, coordination, education and support services, and other concerns with both residents and family members of residents who are living with dementia.
- [Guiding Principles for Dementia Care](#) in Assisted Living is an informational resource on dementia care and highlights how the profession is striving to continually develop and improve services around dementia care.

On Demand Webinars

- [Caring for a New Generation in AL](#)
- [The GUIDE Model: Emerging Opportunities for AL and Senior Housing Innovation & Collaboration in Dementia Care](#)
- [TrainAD](#) - Training to Reduce Antimicrobial use In Nursing home residents with Alzheimer's disease and other Dementias
- [Trauma-Informed Care: Behavioral Health Services Webinar](#)
- [Sexuality and the Resident with Dementia](#)
- [Trauma-Informed Care: Addressing Post-Traumatic Stress Disorder \(PTSD\)](#)
- [Sex, Drugs, and Rolling Walkers](#)
- [Trauma-Informed Care Providing Mental Health Services in Long Term Care](#)
- [Love Your Neighbor: Preventing Resident-to-Resident Aggression](#)
- [All By Myself: Overcoming Social Isolation and Loneliness in Assisted Living](#)
- [Promoting Resident Self-Care through Innovation](#)
- [Provider Self-Assessment and Mitigation Tools for Resident-to-Resident Occurrences](#)
- [Creating Inclusive Communities for LGBTQI and HIV+ Older Adults](#)

Products and Publications

- [Dementia Beyond Disease](#)
- [Whole Person Dementia Assessment](#)
- [The Connections Activity Program for People with Dementia](#)
- [Getting Dementia Care Right: What's Not Working and How it Can Change](#)
- [The Validation Breakthrough: Simple Techniques for Communicating with People with Alzheimer's and other Dementias](#)
- [The Big Book of Resident Activities](#)

Other Resources and Research

- [Alzheimer's Association Dementia Care Practice Recommendations](#)
- [Tips for Caregivers and Families of People with Dementia](#)
- [Specialized Dementia Care in Nursing Homes Linked to Better Outcomes for Residents](#)
- [Dementia - Diagnosis and Treatment](#)
- [Guiding an Improved Dementia Experience \(GUIDE\) Model](#)

Note: This resource document is not intended to be an exhaustive list of all resources available to providers.